



Jellybeans Soccer Academy Training

Our training helps improve players technical ability, knowledge of the game, athleticism, and confidence.

Saturdays 9am-10am @ Jellybeans

Ages: 3-5

Cost per player:

1 Session \$15

4 sessions \$40



Sessions consist of:

Warm up

Ball drills

Scrimmages

What your toddler needs:

Indoor Soccer Shoes or rubber soled shoes and a size 3 soccer ball (can be purchased at Walmart, Dick's Sporting Goods, Soccer Post, Online, Etc.)

About the Coach:

C.W. Ponton just finished his fourth season coaching soccer at the collegiate level, and second as the Head Men's Coach at Cape Fear.

In 2015 Coach Ponton served as the First Assistant/Goalkeeper Coach for the Andrew College Fighting Tigers Men's Soccer team who was ranked as high as 16th in NJCAA Division I soccer. Prior to this in the spring of 2015, Coach Ponton served as the Jefferson Forest Middle School Head Girls Soccer Coach for one season.

During the 2014-2015 school year, Coach Ponton served as an Assistant/Goalkeeper Coach with the Lynchburg College Hornets Women's Soccer team. That season, Coach Ponton helped guide the Hornets to a record of 27-0-1 winning the 2014 NCAA DIII Women's National Championship, only allowing five total goals on the season. During the spring 2014 campaign, Coach Ponton assisted as an Academy Coach for Central Virginia United located in Lynchburg, Virginia.

In 2013 Coach Ponton led Caroline County High School (VA), the school where he lettered and graduated from as the Head Boys' Varsity and Head Boys' Junior Varsity Soccer Coach. From 2005-2017, Coach Ponton served in multiple recreation leagues, camps, schools, and academies as an Assistant Director, Head Coach, and Official working with ages 3-26 over his time in the game.

Coach Ponton currently holds his United Soccer Coaches National and Goalkeeping Level 3 Diploma.

